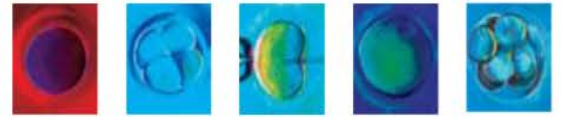


Louis Weckstein, MD
Mary Hinckley, MD
Deborah Wachs, MD
Evan Rosenbluth, MD
Sara Reid, MD
Michael Homer, MD
Erin Lewis, MD
Kristen Ivani, PhD



FERTILITY FACT SHEET

San Ramon / Orinda / Los Gatos / Foster City

Counseling Resources for Coping with Infertility

When diagnosed with infertility, many couples may no longer feel in control of their bodies or their life plan. Infertility can be a major crisis because the important life goal of parenthood is threatened. Most couples are accustomed to planning their lives. With infertility, this may not be the case. Infertility treatments can be physically, emotionally and financially stressful. The fertility journey and fertility treatment cycles can be very stressful on a couple's relationship and on an individual's mental well-being. Not only do some persons with infertility experience heightened stress levels, but some also suffer from clinical depression or depressive symptoms. In such situations, it may be beneficial to seek consultation with a mental health professional or coach who can help you work through some of the issues concerning you. Also, support groups and books on infertility can help validate your feelings and help you cope. RESOLVE is a national support organization for couples with infertility. Resolve has an active presence in the Bay Area (415)788-3002, website – resolve.com. Below is a list of some of the qualified resources in the Bay Area, this is not a comprehensive list and listing of names does not imply the recommendation of any particular counselor.

Madeline Feingold, Ph.D.

5565 College Ave, Suite 240-C
Oakland, CA 94618
(510)540-8715
<http://www.madelinefeingoldphd.com>

Qin Fan, Psy.D.

870 Market Street, Ste. 659-663
San Francisco, CA 94102
(415) 545-8606
*Speaks Mandarin

Jamie Van Zanen, LCSW

431 Monterey Ave, Ste 7
Los Gatos, CA 95030
(408) 345-5572
hello@familytreewellness.org

Penny Donnelly, RN, MFT

935 Middlefield Rd
Palo Alto, Ca
(650) 504-4290

Emily Margalit, M.A., LMFT

925 Ygnacio Valley Rd., Ste 102A
Walnut Creek, Ca. 94596
(925)876-4638
emilymargalitmft.com

Bonnie Karmiol

913 San Ramon Valley Blvd Ste 280
Danville, CA 94526
4093 24th St
San Francisco, CA 94114
(925)830-1833

Ellie Schwartzman, Ph.D.

4283 Piedmont Ave #E7
Oakland, CA 94611
(510) 869-1339

Mary Rodecker, PhD

Palo Alto & San Francisco
555 Middlefield Rd
Palo Alto, CA 94301
(650) 321-9881

Allison Pentecost, PsyD

Fremont, CA
(510) 953-4983
<https://www.drallisonburnspentecost.com/>

Joelle Ehre, LMFT

3863 Howe Street
Oakland, CA 94611
(510) 788-0804
www.joelleehre.com

Julie Williams, PhD

925 Ygnacio Valley Rd., Ste 102A
Walnut Creek, Ca. 94596
(925) 433-2136
www.juliewilliamspsyd.com

Maria Rivas-Wolf, MFT

215 N. San Mateo Dr. #4
San Mateo, CA 94401
(650) 208-9815
Mrwolf.mft@gmail.com

Jennifer McCollum, Ph.D.

Clinical Psychologist
302 Village Square
Orinda, CA 94563
(925) 386-6037
www.greenleafpsych.com

Michelle Sicula, MFT

3036 Regent St, Berkeley
870 Markey St, San Francisco
(510) 457-1246
www.michellesicula.com

Helga Fasching, PsyD

9 Funston Ave, The Presidio, San Francisco
3030 Bridgeway, Ste 233, Sausalito, CA
(415) 505-0799
www.drfasching.net

Natasha Edelhaus, LMFT

Tri Valley California Area
(781) 864-0539
Skype:
Natasha.Edelhaus.Lmft

**RSC does not recommend or endorse any vendor, physician, tests, products, procedures, opinions, or other information that may be mentioned on this referral list. No representation or warranty is made, either expressly or tacitly, for the completeness or correctness of the information contained herein.